

# Risk Assessment

NOTE: Before completing this risk assessment please see guidance notes towards the end of the document.

<b>Date:</b>	1st Dec 2020	<b>Club Name:</b>	GAD Khalsa Sports
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<b>Assessors Name:</b>	Kooner Singh	<b>Signature:</b>		<b>Date:</b>	Ongoing (at least weekly or as per government guidance updates)
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<b>Endorsed By:</b>	Kooner Singh	<b>Signature:</b>		<b>Position:</b>	Secretary	<b>Date:</b>	1st Dec 2020
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<b>Description of assessment</b>	Coronavirus (COVID-19) – Restart Grassroots Football and Football Training
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<b>Location Details</b>	Derbyshire, Derby City, Local Authority parks, City of Derby Academy
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Identified Hazards	Who may be affected	Risk Level before control measures S x L = R				Existing control measures	Additional Control measures required	To be actioned by	Completion date	Final Risk level S x L = R			
		S	L	R	RR					S	L	R	RR
COVID-19 General	Footballers, coaches, public	5	3	15	H	<ul style="list-style-type: none"> <li>Anyone who meets one of the following criteria must follow the Governments guidance on Self Isolation:                             <ul style="list-style-type: none"> <li>Has a high temperature, loss / change in taste or smell or a new persistent cough?</li> <li>Is a vulnerable person (by virtue of their age, underlying health condition, clinical condition)</li> <li>Is living with someone in self-isolation or a vulnerable person.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Guidance on self-isolation found via the Government website.</li> </ul>			5	1	5	M

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COVID-19 Somebody showing Symptoms	Footballers, coaches, public	5	3	15	H	<ul style="list-style-type: none"> <li>Return home immediately</li> <li>Avoid touching anything</li> <li>Cough or sneeze into a tissue and put it in a bin, or if they do not have tissues, cough and sneeze into the crook of their elbow.</li> <li>They must then follow the guidance on self-isolation and not return to training until their period of self-isolation has been completed.</li> <li>Screening questionnaires will be sent to footballers to complete before they return to training.</li> <li>Screening questionnaires will be sent to parents / guardians of children attending training sessions to complete on behalf of their household.</li> </ul>				5	1	5	M

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<b>Travelling to and from training</b> Catching and Spreading	Footballers, coaches, public	5	3	15	H	<ul style="list-style-type: none"> <li>Where possible all footballers should travel to site alone using their own transport.</li> <li>Footballers are encouraged to not use public transport to arrive at training however if they have no choice, Government guidance should always be followed.</li> <li>If Footballers have no option but to share transport:               <ul style="list-style-type: none"> <li>Journeys should be shared with the same individuals and with the minimum number of people at any one time – these individuals should remain in the same training group throughout the session</li> <li>Good ventilation (i.e. keeping the windows open) and facing away from each other may help to reduce the risk of transmission</li> <li>The vehicle should be cleaned regularly using gloves and standard cleaning products, with particular emphasis on handles and other areas where passengers may touch surfaces</li> </ul> </li> <li>Any restrictions imposed on the car park should always be adhered to.</li> <li>Hand cleaning facilities should be provided upon arrival and leaving the session.</li> </ul>				5	1	5	M

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<b>Travelling to and from training</b> Catching and Spreading (continued)	Footballers, coaches, public	5	3	15	H	<ul style="list-style-type: none"> <li>During child training sessions, it will be requested that only one parent/guardian drops off and picks up the children.</li> <li>Should only one coach be taking the session, some parents / guardians are required to stay and watch the session for safeguarding purposes – this will be a maximum of five parents / guardians (one per child). They will be asked to watch from a distance and ensure that if they are watching together that they are social distancing, therefore creating a separate group of up to six people.</li> <li>Should two coaches be taking the sessions, parents / guardians will not be required for safeguarding purposes and will be asked not to watch the session.</li> <li>If parents are not required to stay for safeguarding purposes, they are asked to stay in their car to avoid any unnecessary contact with others.</li> </ul>				5	1	5	M

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<b>Site Access</b> Catching / Spreading	Footballers, coaches, public	5	3	15	H	<ul style="list-style-type: none"> <li>The changing rooms and indoor areas of the sports ground will remain strictly closed with access only being allowed to the outdoor areas of the ground.</li> <li>All gates, access points leading to the training area will remain open where possible, minimising the touch points. Should there be any common touch points, these will be regularly cleaned.</li> <li>Depending on the number of sessions, consideration will be given to staggering the start times.</li> <li>Should sessions run back-to-back, there will be a suitable gap between sessions to ensure that the equipment can be disinfected.</li> <li>Hand sanitiser given to footballers and children upon arrival to site.</li> </ul>				5	1	5	M

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<b>Welfare Facilities</b> Catching / Spreading	Footballers, coaches, public	5	3	15	H	<p><b>Changing facilities, showers and indoor areas to remain closed to the public until Government restrictions are relaxed.</b></p> <p><b>NOTE: The Welfare Regulations will still be adhered to for employees.</b></p>				5	1	5	M

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<b>Forming and adhering to groups</b> Catching / Spreading	Footballers, coaches, public	5	3	15	H	<ul style="list-style-type: none"> <li>The sessions will run in maximum groups of six – this number includes any coaching staff e.g. five footballers and one coach.</li> <li>Where more than one group is required, the different groups will be separated to different parts of the pitch to ensure that a suitable distance is maintained.</li> <li>Each group must have a coach to ensure that there is no need for one coach to travel between different groups.</li> <li>Each group must be formed and remain together for the duration of the session.</li> <li>Equipment will be provided for each group and remain with them.</li> <li>Non-contact sessions will be carried out within the groups. Games / drills encouraging physical contact will be prohibited.</li> <li>2m distance between footballers / children / coaches, or 1m plus, where 2m is not possible, within the groups will always be maintained.</li> <li>The sharing of bibs / gloves (and other equipment that would be worn) is not permitted.</li> </ul>				5	1	5	M

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<b>Cleaning Equipment</b> Catching / Spreading	Footballers, coaches, public	5	3	15	H	<ul style="list-style-type: none"> <li>All equipment will be disinfected before the sessions start.</li> <li>Any sessions that run back-to-back will have suitable time in between ready for the coaches to clean and disinfect equipment.</li> <li>Where possible, no activities will be carried out that require handling of balls and equipment.</li> <li>Boots, goalkeeping gloves and other attire required for the sessions must be brought from home and not shared.</li> </ul>				5	1	5	M

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<b>Applying First Aid</b>  Catching / Spreading	Footballers, coaches, public	5	3	15	H	<ul style="list-style-type: none"> <li>Provide additional PPE for all first aiders, this should include face mask eye protection latex gloves and apron. Gloves apron and masks should be disposed of after use and eye protection cleaned.</li> <li>Limit access to first aid facilities to only trained first aid personnel and / or appointed person(s)</li> <li>First aiders must wash hands before and after using the first aid facilities or applying first aid</li> <li>Consideration must also be given to potential delays in emergency services response, due to the current pressure on resources</li> <li>Consider preventing or rescheduling high-risk work or providing additional competent first aid or trauma resources.</li> </ul>				5	1	5	M



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<b>COVID-19</b> Lack of awareness	Footballers, coaches	5	3	15	H	<ul style="list-style-type: none"> <li>Where possible, the latest government campaign posters will be displayed.</li> <li>Coaches will keep up to date with the latest Government guidance and information.</li> <li>We will continually adopt and review new government / WHO guidance as and when it is available.</li> </ul>				5	1	5	M

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<b>Vulnerable Groups</b> 'Increased Risk'	Footballers, coaches	5	4	20	VH	<ul style="list-style-type: none"> <li>Coaches and footballers / children known to be at an increased risk of severe illness from coronavirus (COVID-19) to be particularly stringent in following social distancing measures.</li> <li>For coaches and footballers / children who have received information from their GP will be asked to remain shielding until further notice.</li> </ul>				5	1	5	M

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## Guidance Notes

<b>SEVERITY</b>	5	5	10	15	20	25
	4	4	8	12	16	20
	3	3	6	9	12	15
	2	2	4	6	8	10
	1	1	2	3	4	5
		1	2	3	4	5
	<b>LIKELIHOOD</b>					

LIKELIHOOD	
5	Almost Certain – Very High Risk
4	Probable – High Risk
3	50/50 – Medium Risk
2	Improbable – Low Risk
1	Almost impossible – Low Risk

SEVERITY	
5	Fatality – Very High Risk
4	Severe incapacity – High Risk
3	Absent 3 weeks – Medium Risk
2	Absent less than 1 day – Low Risk
1	Insignificant – Low Risk

1–4 LOW	5–9 MEDIUM	10–15 HIGH	16–25 VERY HIGH
Continue with existing control, however, monitor for changes. Implement any additional control measures required, within the timescales given in the risk assessment.	Requires attention to reduce the rating as well as regular ongoing monitoring. Implement any additional control measures required, within the timescales given in the risk assessment.	Requires immediate attention to bring the risk down to an acceptable level. Implement the control measures required, within the timescales given in the risk assessment and continue to review working practices to reduce the probability of an accident to the lowest possible level.	Stop immediately the risk is too high. Take immediate action to reduce the risk to the lowest level possible.

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**Additional comments:**

1. This risk assessment needs to be discussed with all teams and those involved with them (managers, coaches, players, and helpers) to ensure that they are fully aware of all control measures
2. Clubs are to sign an acknowledgement sheet for their understanding of this risk assessment
3. The risk assessment is to be reviewed on an ongoing basis as per government guidance
4. This risk assessment must be approved by a nominated person for health and safety before being issued as a live document

<b>Assessor 1 name:</b>	Kooner Singh	<b>Signature:</b>		<b>Date:</b>	1 <sup>st</sup> Dec 2020
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<b>Assessor 2 name:</b>		<b>Signature:</b>		<b>Date:</b>	
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